

# Volleyball League Rules

## Length of Game

- All matches are played in one hour increments
- Games will start at the scheduled game time, unless both teams agree to begin earlier (if the court is available).
- The first two games in a match will be played using rally scoring to 25. The third game, if necessary, will be played to 15 using rally scoring.
- Regulation Match Play will consist of best 2 out of 3
- Games must be won by a two point advantage
- The first two games may be played to a cap of 30 points, at which point the two point advantage is no longer in effect. The third game may be played to a cap of 30 points, at which point the two point advantage is no longer in effect.
- Time between games within a match will be no more than 3 minutes

## Serving (3-5th Grade only)

- A player may have two attempts to serve and put the ball in play
- Service line is 10ft in from the back line for 3rd/4th graders
- Service line is 6 ft in from the back line for 5th Graders
- Servers can serve a max of 3 points in a row

## Substitutions

- Substitutions can only be made after a sideout or on a dead ball
- Continuous substitution is not enforced and is up to the coaches discretion

## Time Outs

- Each team gets two 60 second time outs per game

## Official

- Sportsplex will provide an official for all league games
- The referee will conduct a coin toss between the captains of the teams to determine which team shall have the choice of serving or receiving.
- The officials decision is final and will not be reversed or appealed

## Scorekeeper/Line Judge

- Each team must supply a linesman if an Official requires one
- Home team supplies the scorekeeper
- The referee has the right to overrule a line judge at any time

## Equipment

- A Volley-Lite volleyball will be used for 3rd - 6th Grade
- A standard volleyball will be used for 7th Grade - High School
- A game ball will be provided by The Sportsplex along with a basket of volleyballs for warm up before each match