



Sportsplex Volleyball League Rules

Length of Game

- All matches are played in one hour increments
- Games will start at the scheduled game time, unless both teams agree to begin earlier (if the court is available).
- The first two games in a match will be played using rally scoring to 25. The third game, if necessary, will be played to 15 using rally scoring.
- Regulation match play will consist of best 2 out of 3.
- Games must be won by a two-point advantage.
- The first two games may be played to a cap of 30 points, at which point the two-point advantage is no longer in effect. The third game will be played to a cap of 20.
- Time between games within a match will be no more than 3 minutes.
- If a team does not have the required number of girls on the court (at least 4) by the beginning of the first match there will be a 5 minute wait. After the 5 minutes, if there are not enough players they will forfeit the first match. If the team does not show after another 5 minute wait, that team will forfeit the whole game.

Serving (3rd-5th Grade Only)

- A player may have two attempts at their first serve to put the ball in play.
- Service line is 10 ft. from the back line for 3rd grade (14.5 ft if serving overhand).
- Service line is 6.5 ft. from the back line for 4th grade (10 ft if serving overhand).
- Service line is 3 ft. from the back line for 5th grade.
- Servers can serve a max of 3 points in a row.

Substitutions

- Substitutions can only be made after a side out or on a dead ball.
- Continuous substitution is not enforced and is up to the coach's discretion.

Timeouts

- Each team is guaranteed two 30 second timeouts per game.

Officials

- Sportsplex will provide an official for all league games.
- The referee will conduct a coin toss between the captains of the teams to determine which team shall have the choice of serving or receiving.
- The official's decision is final and will not be contested or appealed.
- The officials will briefly go over the rules and regulations for the game with the team captains and the coaches.

Scorekeepers/Line Judges

- Home and Away teams are required to provide 1 scorekeeper each game of at least 16 years of age.
- Each team may provide a line judge if needed.
- The referee has the right to overrule a line judge at any time.

Equipment

- A Volley-lite volleyball will be used for 3rd-6th Grade.
- A game ball will be provided by Sportsplex along with a basket of volleyballs for warm up before each match.

Questions or Comments: Contact Directors of Volleyball

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