



Sportsplex Volleyball League Rules

Length of Game

- All matches are played in one hour increments
- Games will start at the scheduled game time, unless both teams agree to begin earlier (if the court is available).
- Regulation match play will consist of best 2 out of 3
 - For 5th grade through High School, the first two games in a match will be played using rally scoring to 25. The third game, if necessary, will be played to 15 using rally scoring.
 - For 3rd and 4th grade teams, the first two games to 21; the third game will be played to 7.
- Games must be won by a two-point advantage.
 - For 5th grade through High School, the first two games may be played to a cap of 30 points, at which point the two-point advantage is no longer in effect. The third game will be played to a cap of 20.
 - For 3rd and 4th grade, the first two games may be played to a cap of 25 points, at which point the two-point advantage is no longer in effect. The third game will be played to a cap of 11.
- Time between games within a match will be no more than 3 minutes.
- If a team does not have the required number of girls on the court (at least 4) by the beginning of the first match there will be a 5 minute wait unless the other team offers to lend enough players to help the opposing team meet the 4 person requirement to get the game started. After the 5 minutes, if there are not enough players they will forfeit the first match. If the team does not show after another 5 minute wait, that team will forfeit the whole game.
 - The team that is present may stay and “scrimmage” their own teammates if desired as long as there are enough players for a 4 on 4 match.

Serving (3rd-5th Grade Only)

- A player may have two attempts at their first serve to put the ball in play.
- Service line is 10 ft. from the back line for 3rd grade (the third line from the baseline) and 14.5 ft if serving overhand (the fourth line from the baseline).
- Service line is 6.5 ft. from the back line for 4th grade (the second line from the baseline and 10 ft if serving overhand (the third line from the baseline).
- Service line is 3 ft. from the back line for 5th grade (the first line from the baseline).

- Servers can serve a max of 3 points in a row.

Substitutions

- Substitutions can only be made after a side out or on a dead ball.
- Continuous substitution is not enforced and is up to the coach's discretion.

Timeouts

- Each team is guaranteed two 30 second timeouts per game

Officials

- Sportsplex will provide an official for all league games.
- The referee will conduct a coin toss or rock, paper, scissors between the captains of the teams to determine which team shall have the choice of serving or receiving.
- The officials will briefly go over the rules and regulations for the game with the team captains and the coaches.
- The official's decision on any given call is final and will not be contested or appealed.

Line Judges

- Both teams are required to provide 1 line judge for 5th grade and older games.
- The referee has the right to overrule a line judge at any time.

Equipment

- A Volley-lite volleyball will be used for 3rd-6th Grade.
- A game ball will be provided by Sportsplex along with a basket of volleyballs for warm up before each match.

Questions or Comments? Contact Directors of Volleyball:

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